

## About Gunditjmarra

Gunditjmarra Aboriginal Cooperative Ltd is an independent community based not for profit Aboriginal Community Controlled Organization located in Southwest Victoria.

Gunditjmarra provides culturally safe, strength based, social, health and wellbeing programs and services at all life stages- from cradle to grave.

At Gunditjmarra we are committed to:

- ✓ Provide intensive support to clients, carers and families
- ✓ Client centered approach in all interactions
- ✓ Be active and strong advocates on behalf of clients and families
- ✓ Have culture at the centre of everything that we do
- ✓ Link community members in with wrap around service support.



GUNDITJMARA IS A CHILD SAFE ORGANISATION AND IS COMMITTED TO THE SAFETY OF CHILDREN AND PROTECTING CHILDREN FROM ABUSE.

### GUNDITJMARA PROVIDES SUPPORT FOR CLIENTS EXPERIENCING AND OR NEEDING ASSISTANCE WITH:

- Family Violence
- Health via the Gunditjmarra Health Service
- Homelessness
- Social and Emotional Wellbeing
- Family Support Advocacy
- Justice system
- Alcohol and Other Drugs
- Leaving Care transition
- Playgroup (Kooramook)
- Maternal and Child Health
- In Home Care Support
- Social Engagement Activities



FAMILY AND COMMUNITY SERVICES

YOUTH SOCIAL  
& EMOTIONAL  
WELLBEING (SEWB)

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## YOUTH SOCIAL & EMOTIONAL WELLBEING (SEWB)

**The Youth SEWB role is aimed at empowering Young Aboriginal people between the ages of 12-25 years to be strong and deadly.**

While supporting improved social, emotional, and mental wellbeing the clients are also encouraged to strengthen their cultural connection and cultural belonging. Using the Aboriginal Stay Strong Assessment tool, the support is strengths-based and assists young Aboriginal people in achieving their goals.

### Youth SEWB Aims and Objectives

- Provide goal/strength-based support using the Aboriginal Stay Strong Assessment Tool
- Develop activities that promote Aboriginal identity and connection to culture
- Refer clients to other services as required, including mainstream mental health and drug and alcohol services
- Conduct one-on-one outreach services to outlying areas of Warrnambool
- Work closely with the Koori Youth Justice Worker and identify those who require ongoing SEWB support
- Work closely with Headspace Warrnambool to support Aboriginal youth who require specialist Services

### Types of Support

- ✓ Attend/facilitate case planning and review meetings for each client including family members as needed
- ✓ Provide clients with information on rights, responsibilities, child safety standards and available health services
- ✓ Work with the Headspace Intake team in providing Aboriginal Stay Strong Assessments
- ✓ Attend fortnightly intake meetings at Headspace to provide feedback and strengthen cross cultural relationships
- ✓ Flexible engagements strategies for young clients such as 1:1 yarning catch ups, phone calls, text, Facetime, or Zoom meetings

Referral pathway – please call 5559 1234 and ask to speak to SEWB team member or email [sewb@gunditjmara.org.au](mailto:sewb@gunditjmara.org.au) for a referral form to complete.

**IF THERE ARE IMMEDIATE CONCERNS FOR A PERSON'S LIFE OR SAFETY, OR MEDICAL ASSISTANCE IS NEEDED, 000 SHOULD BE CALLED.**

If children are at significant and immediate risk of harm, contact the After-Hours Child Protection Emergency Service 13 12 78 (staffed 5pm-9am).

**Statewide family violence 24/7 crisis service** – safe steps Family Violence Response Centre. Call: 1800 015 188. Available 24 hours, 7 days a week.

**Sexual assault support** – Sexual Assault Crisis Line (SACL) Call: 1800 806 292

**For perpetrators** – Men's Referral Service (MRS) Helpline. Call: 1300 766 491 (available 9am - 9pm Monday-Friday).

**For female victim survivors** – Victim Support Agency (VSA) Victims of Crime Helpline Call: 1800 819 817 or Text: 0427 767 891. Available 8am – 11pm, 7 days a week.

**For LGBTI victim survivors** – Switchboard (QLife Counselling and Referral service). Call 1800 184 527. Available 3pm – midnight, 7 days a week.

**Telephone Counselling** – 1800RESPECT. Call: 1800 737 732. Available 24hrs, 7 days a week.

**Djirra** – Aboriginal Family Violence and Legal service. Free call 1800 105 303

**West Division Intake** – Rural and Regional only 1800 075 599. Business hours: 8:45am – 5pm

Outside of business hours if you want to have a yarn, contact Yarning Safe n Strong 1800 959 563. It is a 24/7 free and confidential phone crisis line for Aboriginal people and families who need to have a yarn with someone about their wellbeing.

