# ARE YOU STRUGGLING WITH MEAL IDEAS? LOOKING FOR SOME HEALTHY PRE COOKED OPTIONS?

Give Gunditjmara a call on 55591234 or speak to your Gunditjmara worker and we can organise Tasty Plate deliveries.

They have a wide range of options from soup, family (serves 4 to 5 people) and individual size meals, such as lasagna, quiche, pies,

classic Sri Lankan chicken curry or corn beef, vegetarian, gluten free and dairy free options. You can also get a dessert, chocolate brownie, apple crumble or sticky date pudding.





Wa Wa Gee (Taungurung) friends,

**Treaty and truth-telling go hand in hand.** To build a better and fairer future, we need to reckon with the past so we can heal the lingering wounds of invasion and racism and come together with a shared understanding.

Since the First Peoples' Assembly of Victoria was formed, a clear message we've received from Community everywhere is that Truth-telling is an incredibly important first step for the journey towards Treaty.

That's why we set to work and successfully negotiated the establishment of the Yoo-rrook Justice Commission – an authority that will have statutory powers to investigate the injustices experienced by First Peoples since colonisation.

**Today we're pleased to share with you our Tyerri Yoo-rrook (Seeds of Truth) report** which outlines the various requirements, requests and hopes that mob have explained they have for the truth-telling process.

Type this into an internet browser to view report: www.bit.ly/SOTreport

Thanks to everyone who gave their insights for the report. The Assembly is here to represent all Traditional Owners and Aboriginal people living in Victoria and our doors are always open to your ideas and direction.













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#### **UPCOMING EVENTS**

# COMMUNITY DINNER SEPTEMBER 15TH













## COVID-19

### Call the Aboriginal Infoline

DO YOU HAVE ANY QUESTIONS ABOUT COVID?

Talk directly to Aboriginal staff who understand our local community and can answer your questions and direct you to support needed.

You can call the Infoline on 1800 312 911 - it's a free call.

Open from 9am - 5pm, 7 days a week, you can ring up and have a yarn about questions that affect you and your community.

If you can't get through, you don't have to wait on hold, we'll call you back as soon as we can!

1800 312 911



DO YOU KNOW SOMEONE WHO WOULD LIKE TO RECEIVE OUR NEWSLETTERS OR NEEDS TO UPDATE THEIR INFO WITH US?

You can now update your information on our website!

Visit www.Gunditjmara.org.au/Newsletter