



Ngatanwan!

Gunditjmara Aboriginal Cooperative

Honouring The Old Empowering The New

Newsletter 13—Date 25 August 2021

Lockdown is here again...

Remember there are only **5 reasons to leave home.**

- * shopping for necessary goods and services
- * care and caregiving, including medical care, or to [get a COVID-19 test](#)
- * exercise
- * authorised work and permitted study
- * to get a [COVID-19 vaccination](#).



The Health Clinic is only offering telephone consults – unless the doctor would like to see you after your initial phone consult. No New patients unless ATSI during the lockdown.

We are still running a vaccine clinic Wednesdays & Thursday mornings – please call to make an appointment. Our Aboriginal & Torres Strait islander patients have preference over anyone.

We are getting good at flipping our services around with the restriction and lockdown changes. Thank you for your continued patience and understanding as we adjust our services to meet the new rules.

Stay Safe, Stay Home, Stay Well



Hello
my name is

Tom O'Connor

Media & Communications
Officer

“Ngata everyone!

My name is Tom, and I have recently started as the Media and Communications Officer at Gunditjmara Aboriginal Coop. I’m a local who loves Warrnambool and has a keen interest movies, travelling and learning about history and culture. I can’t wait to help serve your community!”

Do you know someone who would like to receive our newsletters or needs to update their info with us?

You can now update your information on our website!

Follow these steps:

- 1. Head to www.Gunditjmara.org.au/Newsletter**
- 2. Fill out the online form and choose how you would like to receive information.**
- 3. Hit submit. You’re all done!**





Clinic News

Here at the Clinic – We are running a Selfie of the month competition with cool prizes such as:



- Dinner for 2
- Massage
- Coles supermarket voucher
- Movie Tickets
- Yarn Market place voucher, And more..

Requirements:

- **ATSI PATIENTS ONLY!** No exception!
- And have had at least one dose of **COVID-19 VACCINE!!** (if you have been vaccinated elsewhere, you can produce your evidence and be in the draw)
- Has to have had an ATSI health assessment done within the last year. (You can have had your ATSI health assessment elsewhere)
- Fill out the entry form and SIGN.

Selfie with the SELFIE FRAME at the clinic.

We welcome Practice Nurse Sonia back from leave.

COVID-19 Vaccination Information session to be held on the 2nd September has been cancelled until further notice due to lockdown.

INDEPENDENT LIVING TEAM

And back into lockdown we are, our Home Care Support Workers are still out and about delivering services that they can, ensuring our most vulnerable continue to be well and safe. If you do not wish for a worker to continue in your home at this time please let us know.

Groups have been cancelled again, but our innovative team here at Gunditjmara has come up with a way to stay connected. Meals will be delivered by the team to our group members. Staff will stop at clients homes to say Ngata and check in while providing a meal they can reheat for dinner.

Services will continue to change, we thank you for your acceptance and willingness to work with us through this time.

