



Ngatanwarri

Gunditjmara Aboriginal Cooperative

Honouring The Old Empowering The New

Newsletter 4 —Date 7 April 2021

THE CLINIC HAS STARTED COVID-19 VACCINATIONS, GIVE THEM A CALL ON 5564 3344 OR DROP IN TO BOOK AN APPOINTMENT OR TO HAVE A YARN ABOUT THE VACCINATION

COVID Update

We are all back in the office and clinic now, no masks needed when you are out shopping but you must have one on you at all times. Hopefully we are finding our way to COVID normal.

Gunditjmara Aboriginal Cooperative Annual Report is now available online, or if you would like a hard copy you can contact the main office on 5559 1234.

You can also see the Strategic Plan 2020-2025.

These documents set out the vision, purpose, values and goals Gunditjmara is looking to achieve over the next five years and what has been achieved in the past 12 months.

Vision

- Empower the individual the family wins,
- Empower the family the community wins,
- Empower the community our culture wins.



Purpose

Gunditjmara Aboriginal Cooperative exists to provide community controlled, culturally appropriate HOLISTIC services that meet the identified needs of the Aboriginal people and the broader community.





Clinic News

COVID -19 VACCINES

So far we have administered 90 Covid-19 vaccines, and 10% of those people have contacted the clinic to report unwanted side effects. The most common side effects reported are flu like symptoms, head-aches, and body aches lasting only a day or two. We really appreciate those people that report back the side effects, as this enables the Therapeutic Goods Administration (TGA) to monitor vaccine safety. If you have not received the vaccine yet please contact the clinic and book in for your free vaccine.

FLU VACCINES

Free flu vaccines are now available at the clinic for aboriginal people. Vaccinating in autumn provides protection before the peak influenza season. Vaccination experts recommend waiting 14 days between getting a flu vaccine and a COVID-19 vaccine. Given this, it will be important to plan both vaccinations.

CLINIC NEWS

Our health check incentive program is traveling well, and will continue through to May. Telephone the clinic and book an appointment to tick off any out-standing preventative health checks. If you are unsure of what you might be due for, then telephone the clinic and ask them to check.

We have 2 new psychologists starting this month. Sandra will start on the 12 of April, and Timshel is starting on the 26 of April.

FOOD SHARE

Please be aware to ensure you are able to get a delivery we need to know by Tuesday and Thursday 4pm.

Deliveries are made Wednesday and Friday between 11.30am and 2pm—you need to be home to receive the delivery.

Give reception a call 55591234 or speak your Gunditjmara contact to arrange. Our Food Share staff member will arrange and deliver.

ELDERS AND HOME CARE

The team will be introducing a new client management program, Comm.care.

'Comm.care by Pnyx is a revolutionary, person-centred, full-featured client and case management tool that allows care organisations to maximize their business' efficiency, manage their staff, clients, and appointments as well as administration functions like reporting and auditing.'

Comm.care will be used by staff to record client hours of attendance and notes. It is a website staff will log into when they attend for your service, at the end they will confirm they have attended and will be able to write any notes about the service. In the office we will then be able to confirm the service and will see the notes written to be able to follow up as needed.

Comm.care also has the option to provide a portal for clients to view their services calendar, if you have an email address and would like to provide this, we can arrange for access to be set up. You can also provide access to family members or carers to be able to view your calendar. We will be sending out a letter this week with the information and a form to complete if you or a carer/family member would like to access the portal.

